

the PERIMETER press

April 2023

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WHAT IS EARTH DAY?

The first Earth Day was held in the Spring of 1970, when San Francisco activist John McConnell and Wisconsin Senator Gaylord Nelson separately asked Americans to join in a grassroots demonstration. Dealing with dangerously serious issues concerning toxic drinking water, air pollution, and the effects of pesticides, an impressive 20 million Americans—10% of the population—ventured outdoors and protested together.

President Richard Nixon led the nation in creating the Environmental Protection Agency, which followed with successful laws including the Clean Air Act, the Clean Water Act, and the Endangered Species Act.

Today, not only is Earth Day meant to increase awareness of environmental problems, but it is also becoming a popular time for many communities to gather together to clean up litter, plant trees, or simply reflect on the beauty of nature. Further down the page, we've provided a list of activities and projects that you can do to improve your local environment!

EARTH DAY IS
APRIL 22, 2023

SOME WAYS TO CELEBRATE EARTH DAY



PLANT A
TREE OR
GARDEN



GO ON A HIKE
OR BIKE RIDE



MAKE A
BEE GARDEN



GO ON A
TRASH WALK
TO HELP
CLEAN THE
COMMUNITY



ATTRACT
HUMMINGBIRDS
OR BUTTERFLIES
WITH THESE
FLOWERS



SHOP
LOCAL AND
SUSTAINABLE



OBSERVE AND
ENJOY NATURE



UPCYCLE
OR DONATE
GENTLY USED
ITEMS



SHARE YOUR EARTH DAY EVENT SUCCESSSES
We encourage you to post pictures of your
Earth Day events and activities on social media.
Remember to mention @trinitypartners and use
the hashtag #PerimeterParkEarthDay2023

CHECK OUT PAGE 7 TO FIND OUT
MORE ABOUT THE CLOTHING DRIVE
PERIMETER PARK IS HOSTING IN APRIL

In the early morning hours of April 22, the annual Lyrid meteor shower is expected to reach its peak, spitting out 10 to 20 meteors per hour between Moonset and dawn. One of the oldest known meteor showers, the first recorded sighting of the Lyrids dates back to 687 BC in China—more than 2,700 years ago! If you're up for an extra-early start to your Earth Day, head outside around 4am and look skyward.

[click here to check out a meteor shower calendar for 2023](#)

The Perk
CAFÉ & LOUNGE

monthly ✨
SPECIALS

✨ Hibiscus Mojito Lemonade



&

Hazelnut Cold Brew



*now selling breakfast sandwiches
& hot soup*





Triangle March for Babies

MARCH WITH US TO FIGHT FOR THE HEALTH
OF ALL MOMS AND BABIES



SATURDAY, APRIL 15TH

REGISTRATION OPENS: 9:00AM

WALK BEGINS: 10:00AM

Perimeter Park, Morrisville, NC

REGISTER TODAY: WWW.MARCHFORBABIES.ORG/EVENT/TRIANGLE





Come walk with us to support

Mental Health for All!

Saturday, May 20
9am-1pm
@Perimeter Park

Join Us!
 NAMIwalks

CLICK TO REGISTER OR DONATE



4/12



Wind Down Flow Yoga - Group Fitness

5:15pm-6pm at 3025 Carrington Mill Blvd, Suite 100

FREE — 35 spaces available.

Suitable for all levels. Please bring your own mat and water bottle.

[Yoga Class Sign-up](#)

4/15



March for Babies Walk

9am-1pm at 3005 Carrington Mill Blvd

Join the movement! By participating in March for Babies, you are lifting up communities for health equity, opening the door for all moms to have access to care and protecting the health of families by pushing for their rights.

Registration starts at 9am. Walk starts at 10am.

4/18



Springtime Market + Food Trucks

Live Music & The Rooted Plant Supply Bus

11:30am-1:30pm at Food Truck Tuesday

Come enjoy live music, shop for plants from the Rooted Plant Supply Bus, and grab lunch from a variety of food trucks that will be available.

4/19



Bodyweight HIIT - Group Fitness

5:15pm-6:15pm at 3025 Carrington Mill Blvd, Suite 100

FREE — 35 spaces available.

Suitable for all levels. Please bring your own mat and water bottle.

[HIIT Class Sign-up](#)

4/20



SkillPop Spring Watercolor Class

11:30am-1:30pm at 3025 Carrington Mill Blvd, The Perk Meeting Space

FREE — 25 spaces available. Reserve your spot.

Suitable for all levels. All supplies provided.

[Watercolor Sign-up](#)

4/25



Sustainability Initiatives + Food Trucks

Donation & Recycling Drive

9am-2pm at Food Truck Tuesday location

Time for some Spring Cleaning!

Gather papers for shredding, batteries, electronics, and foam to be recycled by Shimar. Bring in gently used clothing for all ages — and we will donate them to Goodwill where they will find a new home. Donations receipts will not be provided.

Tenants who participate in donating or recycling will receive a FREE sustainable gift. While supplies last.

[Click to view donation/recycling guide](#)

Teaching Green - Pop-up Info Booth

11:30am-1:30pm at Food Truck Tuesday

Learn sustainability best practices with Rachel Schifan from Cushman & Wakefield, and discover ways to reduce your carbon footprint both at home and in the office.

Tenant engagement events for Trinity Partners managed properties in Perimeter Park

Food Truck Tuesday

Every Tuesday, 11:30am-1:30pm Lot between 3005 & 3015 Carrington Mill Blvd

Spiffy Car Wash & Detailing

Every Tuesday & Wednesday, by appointment visit www.getspiffy.com/perimeter-park

visit our event calendar at perimeterparkoffice.com/events for info on upcoming events



FUN FACT

The Orcas, which are very recognizable because of their black and white coloring, aren't actually whales. In fact, they are part of the dolphin family. Sometimes called killer whales, they are the biggest members of the dolphin family and found in every ocean in the world. Like dolphins, they are very intelligent and able to communicate. They coordinate with other whales in their pod to hunt their prey. The name killer whale came from ancient sailors who observed orcas hunting and preying on other whale species. They called them "asesina ballenas" which translates to whale killer. Eventually, the names were flip-flopped and the term killer whale was born.



DAYS TO CELEBRATE & REMEMBER

- 4/1: April Fools Day
- 4/2: Autism Awareness Day
- 4/5: Passover Begins
- 4/7: Good Friday
- 4/9: Easter
- 4/10: Golfer's Day
- 4/11: National Pet Day
- 4/14: National Dolphin Day
- 4/15: Titanic Remembrance Day
- 4/17: National Stress Awareness Day
- 4/22: Earth Day
- 4/26: National Pretzel Day
- 4/29: International Dance Day
- Sexual Assault Awareness Month
- Earth Month
- Stress Awareness Month

April 1st in France is called Poisson d'Avril, which translates to "April Fish." People, mostly kids, commonly use paper fish to play tricks on others. They go around sticking a paper fish onto the back of as many people as possible, then they run away yelling, "Poisson d'Avril !"



CLOSED

Trinity Partners' offices will be **closed**.

The first story of a rabbit (later named the "Easter Bunny") hiding eggs in a garden was published in 1680.



Time for some Spring Cleaning!

Perimeter Park will be holding a Recycling and Clothing Drive on **April 25**.
Gather papers (for shredding), batteries/electronics, and gently used clothing/shoes for all ages.

Start gathering now!

[Click here](#) for more details about accepted items.



TRIVIA

What is the nickname for pretzels with no salt?

Look for the answer in next month's newsletter!

March's answer: A lemon meringue flavor of Oreo was debuted at the same time as the classic chocolate, but it was not popular and was eventually discontinued.



GET SOME GRUB

Located in the lot between 3005 and 3015 Carrington Mill Blvd.

11:30 am—1:30 pm

Head on over for some good eats!

Click on the logos for menu options and pricing.

Apr. 4



Apr. 11



Apr. 18



Apr. 25



Food truck schedule can be found on the digital lobby directories under Calendar of Events, and at perimeterparkoffice.com

Meeting space

For additional information or a reservation form,
reach out to perimetercc@trinity-partners.com



3800 Paramount Pkwy

Fitness Centers

3025 Carrington Mill Blvd., first floor
+ 3800 Paramount Pkwy., first floor

There are two fitness center locations in Perimeter Park that qualifying employees of tenants can join for a small fee.

Hours: 5am to 11pm
7 days a week
closed major holidays

For questions, reach out to
customerservice@trinity-partners.com



3025 Carrington Mill Blvd

The Perk café + lounge

3025 Carrington Mill Blvd., first floor

The Perk café featuring
Larry's Coffee & lounge
is open for tenant use
with WiFi available.



how to reach us.

April 2023

Managing Partner, Office Leasing

Brokerage, Office Leasing

Partner, Property Management

Senior Property Manager

Senior Property Manager

Property Manager

Property Manager

Assistant Property Manager

Senior Tenant Services Coordinator

Property Management Assistant

Property Management Assistant

Accounting Assistant

Partner, Project Management

Senior Project Manager

Project Manager

Director, Operations

Operations Manager

The Perk Meeting Space

24-Hour Customer Service

William Allen

Alex Dunn

Amy Mayer

Bill Horowitz

Jason Riegle

Melissa Irgens

Vanessa Matto

Candice Place

Nancy O'Melia

Aimee Scott

Denise Leubecker

Ashley Minick

Ryan Peterman

Anna Woody

Rob Hoyt

Mike Landreth

Joey Strickland

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